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FREE UNLIMITED WI FI

Puri Mas Beach Reception will give Wi Fi Voucher on Check in

Puri Mas Spa Resort password will be available at the Spa Resort

Should you have any issues making a Wi Fi connection do not hesitate to Dial 0 or visit reception who may assist you.

HELPFUL INFORMATION

Valuables

We wish to remind you to take care of your personal belongings. We recommend that you put your valuables in the **safe provided** in your room. We are sorry but Puri Mas is unable to accept any responsibility for lost or damaged items. Likewise, we advise you to always keep your door locked when vacating your room. We also suggest that you do not leave your valuables unattended in your room or around the property. We provide combination safes for the protection of your items.

Laundry Service

Our Resorts provides an excellent laundry service. You will find a laundry checklist in your closet together with a laundry bag. Please leave the bag in your room for collection, or hand to our Reception Staff, or dial 0 for it to be collected from your room. Our staff will check your clothing for pre-existing damage or stains prior to laundering.

Note: if you are checking out, please inform our staff to ensure your laundry is returned promptly. Laundry normally takes one day **unless by special request.**

Beach Towels

You will find beach towels provided daily at the dive counter close to the infinity pool. Please ask your Housekeeping staff should you require fresh towels.

Going out for the day and need a towel – Special towels are available for you to borrow should you be heading out for the day. Please ask our housekeeping or reception staff should you wish to borrow a towel. We ask you to confirm you have returned the towel(s) at the end of the day.

Lost or unreturned Beach Towels - USD45, Bath Towel USD38, Hand Towel USD30,



MASSAGE TREATMENTS

TOTOK WAJAH – a facial workout!

It is also named the face-lift massage, believing that regular massage to the facial area will release muscle stiffness and increase blood flow giving renewed life to tired, lifeless skin.

The treatment ends with a warm compress of sesame seeds and green tea to stimulate the Marma Points of the face.

Treatment Time: 30 mins Rp. 175,000

AROMATHERAPY MASSAGE (A favourite amongst clients)

Please choose from our range of Babor blended massage oils

Relaxing Lavender, Balancing Sandalwood or Energising Lime.

A fabulous massage of gentle rhythmic movements and pressure applied all over the body relaxing muscles and easing joint movement. **Treatment Time: 1hr Rp. 300,000**

SHIATSU MASSAGE-No oil is used in this technique.

The effect of this massage is to relieve tension in the muscles by applying an acupressure technique with hands, thumbs, elbows and knees. This technique is similar to an acupuncture therapy in Traditional Chinese Medicine

Treatment Time: 1hr Rp. 250,000

HERBAL COMPRESS & WARM COCONUT OIL MASSAGE– Recommendation!!

Derived from the traditional steamed Thai Herbal Compress, this desirable and relaxing treatment relieves aching muscles, preparing them for the massage as warm herbs are absorbed into the skin. A warm coconut oil massage completes this treatment.

Treatment Time: 90m mins. Rp. 500,000

HOT STONE MASSAGE –Unforgettable!!

This very organic treatment has a calming relaxing effect that combined with shiatsu massage movements establishes the body's natural balance and restores the flow of the body's natural energy or qi. An all-over massage the shiatsu technique is combined with heated lava stones. Feel your strength renewed your skin and senses totally revived. You choose between a balancing, energising or relaxing massage oil from Babor.

Treatment time: 90 minsRp. 500,000

FOOT REFLEXOLOGY - FOOT MASSAGE

It is believed that the ancient art of healing through massage and applying pressure to reflex points on our feet, face & hands can improve the wellbeing and balance of the body. Reflexology is very enjoyable; however, some people may find foot reflexology a little uncomfortable, in which case we recommend a relaxing foot massage instead with the Babor choice of massage oils.

Foot Reflexology Treatment Time: 35minRp. 150,000

RESERVATION

TEKAN '0' DARI TELP KAMAR ANDA

PLEASE DIAL '0' FROM YOUR ROOM BEACH HOTEL – SPA RESORT PLEASE ASK YOUR HOUSE KEEPING STAFF



PURI MAS SPA RESORT

BREAKFAST MENU A LA CARTE

(7am – 10.30am) – If you require an earlier breakfast please advise our staff!

There is no charge if the breakfast is included in your room

Please choose your breakfast:

Fruit Platter

Fruit Juice of the day

Toast & Jam

Tea or Lombok Coffee

Please ask your waiter for one of the following

Egg any style

Plain Omelette, Poached, Fried, or Boiled

Nasi or Mie Goreng

Bubur Ayam

Jaffle

Pancake with Honey

Muesli & Yogurt

Pastry Basket

Enjoy your start to the day

Terima kasih/ Thank you

Our beach is safe for swimming and snorkelling but remember there is no lifeguard on patrol. If you choose to walk the reef at low tide we recommend you use reef shoes to protect your feet. **Snorkel equipment** is available for hire please enquire with our staff at the Bagus dive & snorkel counter beside the infinity pool area. They can also help you arrange a wonderful trip to the Gili Islands for diving and snorkelling.

Swimming Pools

Puri Mas Beach Resort offers an infinity pool, and all private villas have a pool

Puri Mas Spa Resort offers one large lap pool, and a Revitalising Pool.

The swimming pools at our resorts are for PURI MAS GUESTS ONLY and swimming is at your own risk as all pools are one depth approximately 1.5 meters.

CHILD SAFETY – all swimming pools, both public and private villa pools are ungated. All parents must adhere strictly to our policy that: ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES WHEN USING THE SWIMMING POOL.

VILLA GATES MUST REMAIN LOCKED WHEN VACATING YOUR VILLA TO ENSURE ACCESS BY YOUNG CHILDREN IS PROHIBITED.

Water Safety

Please notice you are swimming at your own risk. All swimming pools are one depth therefore we ask you to take care not to dive into the pools. We also ask you to respect other guests when entering into the pool!!

No Glasses or Glass Bottles should be used beside or in our swimming pools

We thank you for NOT consuming personal food or drink in our public areas such as swimming pools or restaurants.

Overnight Visitors of Puri Mas Guests!

Overnight guests are not accepted into our resort without handing over their **ID card to our Security** – this will be given back in the morning.

Please note we do not encourage you to invite local people to stay overnight for your personal security, and the security of the resort and other guests. Guests are not always aware, that hotels are at liberty to disclose all guest reservations to the local authorities by law. We thank you for your understanding.

Inviting Business People To Your Room

Please be advised that we do not allow external businesses to enter our hotel rooms or public areas for example massage, mani pedi or for selling items.

Candlelight – in your room or terrace!!

We ask ALL guests to refrain from using natural candlelight in case of FIRE – thank you for your understanding.

Doctor on call

Please contact our Reception Staff should you require the services of a doctor. A doctor may visit to the resort, or you may attend the clinic.

Telephones: Puri Mas Beach Resort/Puri Mas Spa Resort

Telephones are available in all rooms – dial 9 for outside connection / 0 for assistance

WI Fi

A FREE Wi Fi service is available at both the Beach and Spa Resorts.

Please ask our front desk officer for Wi-Fi voucher.

Transfers between Puri Mas Beach & Spa Resorts

We provide complimentary transport between each of our resort venues.

TAXI

Are readily available at a meter rate to Senggigi and elsewhere— Please ask our Reception to help you, or dial (9) 627000 for a blue bird meter taxi.

Government Tax & Service

All our rates are subject to 21% Government Tax and Service Charge, unless otherwise stated.

Lost & Found

Please be aware items in Lost & Found will be kept in our hotel for a period of 2 weeks. If during this time the hotel receives **NO** notification from the guest, the item will be disposed of!

EVACUATION

ON EVACUATING YOUR ROOM

PLEASE LEAVE YOUR DOOR OPEN SO THAT OUR SAFETY STAFF KNOW THE ROOM IS VACATED

ASSEMBLY POINTS

Puri Mas Beach Resort

Car Park at entrance of hotel

Puri Mas Spa Resort

Car Park at entrance of hotel

EMERGENCY PROCEDURES

The Indonesian phrase for “HELP ME” is “TOLONG SAYA”

In the event of an emergency the Puri Mas Alarm will sound. If this happens (outside of testing), please follow our evacuation procedure.

FIRE:

IF YOU LOCATE A FIRE - please alert a staff member immediately giving your room number and SAY – the Indonesian WORD for “**FIRE**” **KEBAKARAN**

EARTHQUAKE:

We advise guests if possible to leave their room immediately to an open area, and take to the ground immediately. Wait for the quake to subside. Shield you head and face from falling glass and debris. Take care for falling objects. If you are unable to leave the room furniture can provide cover and air space if the building collapses. If you cannot get under furniture, crouch in an inner corner or a doorway.

Warning signs of a Tsunami In the event of a Tsunami we may receive a warning from the local authorities.

The sea may suddenly go out very quickly and much further than normal.

IF you notice this taking place or if our staffs alert you to a Tsunami please follow the evacuation procedure:

Evacuation Tsunami

Make your way swiftly to the hotel entrance car park where our staff will account for you.

We ask all guests to make their way to the high ground behind the hotel as quickly and safely as possible. Do not stop to gather belongings.

Take all warnings seriously and DO NOT GO TO THE SHORELINE TO VIEW WHAT IS HAPPENING!!!

TELEPHONE SERVICES/BEACH RESORT/SPA RESORT

BEACH RESORT SERVICE	EXTENSION	BEACH RESORT/SPA RESORT		Outside line :	
Operator/Reception	0 /202	Room to Room directly		Local calls dial 9 followed by number International dial 9 followed by 001 or 007 then country code and number	
Room Service/Restaurant	209				
Housekeeping/Laundry	0/220				
Spa appointments					
Tours & Diving information					
Pool Bar	212	Room No.	Extension	COUNTRY	CODE
		Presidential Villa	401	USA	01
		Ratnawati 3 bedroom	100	Australia	61
SPA RESORT SERVICE	EXTENSION	Villa 31	301	Austria	43
Spa Resort Telephone Number	(0370) 692021	Villa 32	302	Argentina	54
Spa	0	Villa 33	303	Belgium	32
Room Service	150	Villa 34	304	Brazil	55
		Villa 35	305	Canada	1
		Villa 36	306	China	86
		Villa 37	307	Denmark	45
		Villa 38	308	UK	44
		Villa 39	309	France	33
		Villa 40	310	Germany	49
		Villa 41	341	Greece	30
		Villa 42	342	Hong Kong	852
		Villa 43	343	India	91
		Villa 44	124	Italy	39
		Jacuzzi Villa 20	320	Japan	81
		Jacuzzi Villa 21	321	Korea	82
		Jacuzzi Villa 22	322	Malaysia	60
		Jacuzzi Villa 23	323	Netherlands	31
		Jacuzzi Villa 24	324	Norway	47
		Jacuzzi Villa 25	325	Philippines	63
		# 01	101	Singapore	65
		# 02	102	Spain	34
		# 03	103	Switzerland	41
		# 04	104	Sweden	46
		# 05	105	Australia	61
		# 06	106	New Zealand	64
		# 07	107		
		# 08	108		
		# 09	109		
		#10	110		
		#11	111		
		#12	112		
		#14	114		
		# 15	115		
		# 16	116		
		# 17	117		
		# 18	118		
		# 19	119		
		# 120	120		
		#121	121		
		Royal Suite A Ratu	402		
		Royal Suite B Raja	404		
		Buddha Room	405		
		SPA RESORT ROOM EXTENSION			
		RAMA VILLA	231		
		SITA VILLA	106		
Internet Access/Office Facilities					
<p>Wi Fi Hot Spots are available around the Beach/Spa Resort and are free.</p> <p>You will find at times the connection drops. If you have any urgent business and cannot make a connection, please ask our Reception staff for assistance.</p> <p>We can help you with printing or faxing – just ask our reception staff.</p>					
Emergency Telephone Numbers:					
<u>Dial 9 for outside line</u>					
Police	110				
Fire	113				
Ambulance	118				
<u>24 Hour Emergency Clinic</u>					
Located at:					
Holiday Resort	Ph.693 444				
Kila Resort Senggigi	Ph. 693 210				