

MASSAGES

TOTOK WAJAH – a facial workout!

Also named the face-lift massage! Regular massages to the facial area will release muscle stiffness and increase blood flow giving renewed life to tired, dull skin. The treatment ends with a warm compress of sesame seeds and green tea to stimulate the Marma Points of the face.

Treatment Time: 45 mins Rp. 300,000

AROMATHERAPY MASSAGE (A favourite amongst clients)

A fabulous massage of gentle rhythmic movements and pressure applied all over the body relaxing muscles and easing joint movement.

Treatment Time: 1hr Rp. 375,000

SHIATSU MASSAGE - No oil is used in this technique and you can remain dressed in loose comfortable clothing. T shirt & flexible pants!

The effect of this massage is to relieve tension in the muscles by applying an acupressure technique with hands, thumbs, elbows and knees. This technique is similar to an acupuncture therapy in Traditional Chinese Medicine

Treatment Time: 1hr Rp. 300,000

HOT STONE MASSAGE –Unforgettable!!

An organic treatment combined with shiatsu massage movements restoring the flow of the body's natural energy or qi. An all-over massage the shiatsu technique is combined with heated lava stones. Feel your strength renewed and tired muscles relax, your skin and senses totally revived.

Treatment time: 90 mins Rp. 535,000

FOOT REFLEXOLOGY - FOOT MASSAGE

The ancient art of healing through massage and applying pressure to reflex points on our feet, face & hands can improve wellbeing and balance of the body.

Treatment Time: 30mins Rp. 275,000

ICONIC BABOR FACIAL

PERFECT COMBINATION FACIAL BY BABOR OF GERMANY

Refines, Clarifies & Balances the Skin.

Skin is perfectly rebalanced leaving the complexion looking fresh, dewy and blushing. Reduces blemishes and gives pores a more refined appearance. Babor is famous for its skin products and we believe this is one of the best non-invasive facials you can enjoy.

Treatment Time: 1hr. Rp. 500,000

Prices subject to 21% Government Tax & Service
Treatments include transport to the Spa Resort 2km from the Beach

BODY TREATMENTS

HERBAL COMPRESS & WARM COCONUT OIL MASSAGE–

Recommendation!!

Derived from the traditional steamed Thai Herbal Compress, this desirable and relaxing treatment relieves aching muscles, preparing them for the massage as warm herbs are absorbed into the skin. A warm coconut oil massage completes this treatment.

Treatment Time: 90 mins. Rp. 550,000

KAMPUNG SPA RITUAL

An historic treatment performed by our indigenous Sasak Spa Therapist complete with costume!

A unique signature package using a local recipe of herbs, spices and oils leaving you feeling vibrant and alive from top to toe.

Begin with a lemongrass footbath (home grown in our herb gardens), enjoy a local beverage of dried herbs, galingale, lime and rice powder. Detox with a Lombok coffee exfoliation to invigorate the skin and increase blood flow. Shower away the coffee and enjoy an Indonesian style herbal compress gently pummelling your muscles to relax. Your treatment comes to a delicious end with a massage using warm oil of Jelengan (Coconut oil & Turmeric)

Treatment Time: 3hrs. Rp. 950,000

LULUR THERAPY – An Indonesian Royal Treatment

Lulur originated on the island of Java. A treatment reserved for royalty in ancient times to prepare daily 40 days before a wedding day. You do not have to be getting married to enjoy this luxurious natural therapy treatment. A blend of fine spices turmeric, kemiri & rice powder to make a luxurious exfoliation. A mask of yoghurt is applied to the body to smooth and cool.

Treatment Time: 2hrs. Rp. 650,000

LOMBOK COFFEE RITUAL

Lombok is famous for its delicious coffee but did you know it has hidden qualities perfect for your skin?

Begin your treatment with an exfoliation of Robusta Lombok Coffee. Shower away leaving your skin baby smooth, soft and silky. Perfect after a few days of sun, sea and sand! Finish with a relaxing massage with coffee infused massage oil.

Treatment Time: 2hrs. Rp. 625,000

Prices subject to 21% Government Tax & Service
Treatments include transport to the Spa Resort 2km from the Beach



PURI MAS
BOUTIQUE RESORTS & SPA
The Essence of Tradition, Luxury & Style

**PURI MAS BEACH RESORT
SPA BROCHURE**

BY APPOINTMENT

**Guests in House Dial 0 or contact reception / Visitors Welcome:
WA 087865615553**